

P.E CURRICULM MAP – Long-term Plan

	Autumn Term		Spring Term		Summer Tem	
EYFS	FUNDAMENTAL MOVEMENT SKILLS		GYMNASTICS		TARGET GAMES	
	COOPERATION		MULTI-SKILLS		DANCE (Animals)	
Year 1	FUNDAMENTAL MOVEMENT SKILLS	DANCE (WEATHER)	TARGET GAMES	MULTI-SPORTS 2	ATHLETICS	COOPERATION
	MULTI - SKILLS	MULTI – SPORTS 1	GYMNASTICS	FUNCTIONAL FITNESS	STRIKING AND FIELDING	FUNDAMENTAL MOVEMENT SKILLS 2
Year 2	FUNDAMENTAL MOVEMENT SKILLS	DANCE (OLYMPICS)	TARGET GAMES	MULTI-SPORTS 2	ATHLETICS	COOPERATION
	MULTI - SKILLS	MULTI-SPORTS 1	GYMNASTICS	FUNCTIONAL FITNESS	STRIKING AND FIELDING	FUNDAMENTAL MOVEMENT SKILLS 2
Year 3	FUNDAMENTAL MOVEMENT SKILLS	WORLD SPORTS	GYMNASTICS	FUNCTIONAL FITNESS	OAA	ATHLETICS
	MULTI – SPORTS 1	MULTI – SKILLS	INVASION GAMES	DANCE – SPACE	MULTI – SPORTS TERM 2	STRIKING AND FIELDING
Year 4	FUNDAMENTAL MOVEMENT SKILLS	WORLD SPORTS	GYMNASTICS	FUNCTIONAL FITNESS	OAA	ATHLETICS
	MULTI – SPORTS 1	MULTI – SKILLS	INVASION GAMES	DANCE – STEET DANCE	MULTI – SPORTS TERM 2	STRIKING AND FIELDING

Year 5	FUNDAMENTAL MOVEMENT SKILLS	NETBALL	HANDBALL	HOCKEY	BASKETBALL	ATHLETICS
	FOOTBALL	DANCE – AROUND THE WORLD	GYMNASTICS	RUGBY	CRICKET	TENNIS
Year 6	MULTI-SKILLS	NETBALL	HANDBALL	HOCKEY	BASKETBALL	ATHLETICS
	FOOTBALL	OAA	GYMNASTICS	RUGBY	CRICKET	TENNIS